

PODCAST GUEST MEDIA KIT

DR. MARC GARCIA

WHAT'S REALLY LEADING YOU?

Christian Leadership | Faith & Neuroscience | Emotional Formation

"Faith and science were never meant to compete, but to complete us."

ABOUT DR. MARC

Dr. Marc Garcia is the founder of Methodical Leadership, a Christian leadership coach, Certified NeuroScience life coach, theologian, and U.S. Navy veteran. With 30+ years in business and 26+ years in ministry, he explores how emotional wounds, unmet needs, and learned beliefs shape the way leaders respond, relate, and lead.

SIGNATURE INTERVIEW TOPICS

01 What's Really Leading You?
The hidden influences behind leadership reactions and decisions.

02 Calling Does Not Erase Formation
Why spiritual calling and emotional maturity are not identical.

03 When the Past Leads the Present
How unmet needs and learned beliefs affect relationships.

04 Faith, Neuroscience & Leadership
Complementary perspectives on behavior, renewal, and growth.

CREDENTIALS

- Certified John Maxwell Coach
- NeuroScience Life Coach
- Doctorate in Theology
- U.S. Navy Veteran
- 30+ years in business
- 26+ years in ministry
- Former SCORE MENTOR
- Presidential Member of AACC

QUESTIONS HOSTS CAN ASK

01 What do you mean when you ask, "What's really leading you?"

02 Why can spiritually mature leaders still react from old wounds?

03 How do affirmation, acceptance, and security influence leadership?

04 How can faith and neuroscience work together in personal renewal?

05 What is one practical step a leader can take this week?

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